



This year National Carers Week runs from 15 – 21 October.

It is a great time to celebrate carers and thank them for their dedication to their families and friends.

THANK YOU CARERS!

It is also a time to help educate the wider community on the role of the carer and remind people that carers are everywhere within our community (**1 in 10 Victorians is in a caring role**). We need to acknowledge them.

Carers come in all shapes and sizes from a variety of backgrounds, with a variety of tasks and jobs. Being a carer does not define a person, but it can shape a person.

This year Carers Victoria wants to celebrate all that carers are and help celebrate the enormous contribution they make to the community.

If you would like to share your carer story with us please go to our Facebook page.

If you would like us to send you information on events please provide us with your contact details in the linked [form](#).