

AFDO DISABILITY LOOP WORKSHOPS

Understanding the NDIS

Workshop Series

Knox City Council, in conjunction with LifeAssist and AFDO Disability Loop, invite you to the "Understanding the NDIS" workshop series. These half-day workshops provide the information and resources people with disability and their families and carers need for a good understanding of the NDIS.

There are six workshops in the series. This includes:

1. How does the NDIS work?
2. Reasonable and necessary
3. Planning and standing strong
4. I have my Plan, what now?
5. Plan management explained
6. Is self-management for me?

Who is running the workshop

The workshop is designed and delivered by staff with a disability from AFDO (Australian Federation of Disability Organisations). AFDO and its member organisations are run by and for people with lived experience of disability. AFDO Disability Loop is a program that aims to make information about the NDIS easier to find, understand, and use.

There are lots of NDIS workshops, how is ours different?

This workshop was developed by people with disability, for people with disability. This is a strength, because it allows the workshop to better focus on the needs of people with disability. The workshop was written using plain language, which makes complicated concepts easier to understand. We aim to make the workshops a safe space where people can share their questions and concerns without worrying about any judgement.

What's included?

- Free entry for people with disability & their families or carers
- Complimentary food and drinks
- Regular breaks
- Accessible environments
- Accessible materials
- Excellent quality resources to take with you

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These workshops are particularly important now that the NDIS is beginning to roll out across Australia. If you want more information about the NDIS, this series of workshops is a must.

The workshop series is conducted over a six-week period with one workshop being run each week. Each workshop goes for 3 hours, which includes a 30 minute break for morning tea.

You can choose which sessions you attend and it is not a requirement that you attend all of them. However, we encourage you to attend the whole series as this will give you the most and broadest range of information that will help you to understand and benefit from the NDIS.

What are the six different NDIS workshops all about?

1. **How does the NDIS work?** - This session provides an overview of the NDIS with an emphasis on access and planning.
2. **Reasonable and necessary** - It is hard to understand what "reasonable and necessary" supports means in the NDIS. This session explains it clearly.
3. **Planning and standing strong** - The NDIS Planning process can seem complicated. This session breaks down the steps so you can get ready.
4. **I have my Plan, what now?** - People with disability have choice and control in the NDIS. This session talks about the decisions needed for a Plan.
5. **Plan Management explained** - This session discusses the pros and cons of the options available when managing the money part of your NDIS Plan.
6. **Is self-management for me?** - Self-management of an NDIS Plan is not as hard as many people think. This session helps you make this decision.



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When and where

Workshop: 1. How does the NDIS work?

Friday, 18 May 2018 from 9:30am to 12:30pm.

Workshop: 2. Reasonable and necessary

Friday, 25 May 2018 from 9:30am to 12:30pm.

Workshop: 3. Planning and standing strong

Friday, 1 June 2018 from 9:30am to 12:30pm.

Workshop: 4. I have my Plan, what now?

Friday, 8 June 2018 from 9:30am to 12:30pm.

Workshop: 5. Plan management explained

Friday, 15 June 2018 from 9:30am to 12:30pm.

Workshop: 6. Is self-management for me?

Tuesday, 19 June 2018 from 9:30am to 12:30pm.

Where:

All workshops in the series are being held at Knox City Council,
511 Burwood Highway, Wantirna South VIC 3280.

To register, please go to: <https://www.research.net/r/3HNWBC7>

If your organisation or business wants to attend, please contact AFDO Disability Loop before registering.

For any enquiries, please contact AFDO Disability Loop on:

Tel: 03 9662 3324 or Email: disabilityloop@afdo.org.au

What have people been saying about these workshops?

"Great presenter - excellent facilitation style. Very powerful and effective to have a person with a disability facilitating."

"Practical up to date examples and exercises helpful. Time for questions great."

"Love the resources and handouts!"