



Special Olympics

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Community. Life Skills. Achieve.

Visit specialolympicsgymnastics.org.au



What is Special Olympics Gymnastics?

Special Olympics Gymnastics provides people with intellectual disabilities with the opportunity to develop their physical fitness, strength, balance, flexibility, coordination and confidence.

Gymnastics is a fantastic community sport that offers social inclusion, leadership opportunities and the chance to make lasting friendships.

Participants begin their gymnastics pathway by developing key life skills, including: movement, communication and social interaction. The pathway continues for those aiming to be more active or aspiring to compete against their peers on a national or world stage.

The Special Olympics Gymnastics program includes Men's, Women's and Rhythmic Gymnastics and can be tailored to individual goals.



Timetable

Venue	Day	Time
Mordialloc Community Centre	Thursday	9:00am – 10:00am
	3 to 6 years	
	Thursday	3.15pm – 4.15pm
	5 to 8 years	

Program begins term 3 - 17th July to 22nd September 2017

Program is a term based program – cost: \$70 for 10 weeks

Subject to minimum numbers

Trial the first class FREE

Call Rebecca or Kaye at Mordialloc Community Centre for more information.

Club Information



Mordialloc Community Centre

Phone
9580 3675

Email
manager@mordicc.org.au

