

# **Are you the mother of a child/young person with a disability?**

**Feel like telling us about your health, habits  
and your family's involvement in community  
activities?**

*Please read on...*

The Monash University department of occupational therapy are conducting a study to investigate factors that affect the health of Victorian mothers of school aged children with disability and family engagement in activities. Participants will complete an online survey in their own home. The survey will take about 20 minutes to complete. The results will provide new understanding about maternal health, wellbeing and empowerment, family access to community activities and to develop two new assessments that may be used by families to plan their community activities. The study aims to improve supports for families raising a child with a disability, and to assist health professionals and service providers to understand the demands placed on mothers. You are invited to participate if you are the mother of a school aged child. Participation is anonymous and mothers will not be identified in any reports from the study.

If you would like to participate, please select this link:

[https://monash.azure.qualtrics.com/jfe/form/SV\\_0JtDWbcfIO1T5EV](https://monash.azure.qualtrics.com/jfe/form/SV_0JtDWbcfIO1T5EV)

If you would like further information, please contact Associate Professor Helen Bourke-Taylor, ph. 03 9904 4471 or email [Helen.Bourke-Taylor@monash.edu](mailto:Helen.Bourke-Taylor@monash.edu).