The last 2 weeks have seen a number of students successfully participating in camps both at Garfield and Blackwood. Although the weather has been cold all reported the camp experience to be positive and worthwhile for students and staff alike. Thank you to the staff members who ensured that the students were able to benefit from these important opportunities.

The following item has been provided by the Department of Education and Training for your information. This may be of interest and useful as a guide.

‘Encouraging children to cope with their feelings’
Children have so many things to learn! And one of the most complex things is encouraging them to cope with their feelings and manage their actions and reactions.

Children learn from what you do
If you want your child to be respectful and caring, you will need to model being respectful and caring. If you want your child to clean their teeth without a fuss, it helps if you do the same.

Each family has their own values and ways of doing things. This means your idea of desirable behaviour might not be the same as your friend’s. What is important to your family is the behaviour you would like your child to learn.

As children develop a more knowledgeable sense of self, they reach out and communicate the need for comfort, assistance and companionship. Taking on characters in dramatic play is a great way for children to explore different identities and points of view. All children, with support, can develop a strong sense of self and learn to interact with others with care, empathy and respect. As they show interest in others and being part of a group, children can participate in play with others and begin to develop friendships. This confidence can be transferred to a range of social situations and children can increasingly recognise and accept that there are consequences for their actions.

Over time children establish their own important friendships with other children. They explore their responsibilities and rights and those of others in familiar settings, such as the family, groups, the classroom and the playground. With guidance, they begin to think in terms of other people’s feelings and needs, and respond to diversity with respect. Stories and group discussions assist children in talking through conflicts, supporting development of social skills and tolerance for others.

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**Key Dates**

<table>
<thead>
<tr>
<th>Jun. ’15</th>
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<tr>
<td>Tues 16</td>
<td>Molly Dene Pie Collection Day</td>
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<td>Thurs 25</td>
<td>Coffee Morning with Centrelink</td>
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<td>Fri 26</td>
<td>Last day of term - SCHOOL FINISHES 2.30 pm</td>
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<td>Jul. ’15</td>
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<tr>
<td>Mon 13</td>
<td>First Day of Term 3</td>
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<td>Aug. ’15</td>
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<tr>
<td>Fri. 7</td>
<td>Scout Raffle Tickets due back</td>
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<td>Term Dates 2015</td>
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<tr>
<td>Term 1</td>
<td>January 29 – March 27</td>
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<td>Term 2</td>
<td>April 13 – June 26</td>
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<td>Term 3</td>
<td>July 13 – September 18</td>
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<td>Term 4</td>
<td>October 05 – December 18</td>
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<td>Pupil Free Days 2015</td>
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<td>Jun</td>
<td>Friday, 5 June</td>
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<tr>
<td>Nov</td>
<td>Monday, 2 November</td>
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<td>Dec</td>
<td>Friday, 18 December</td>
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Children can, over time and with assistance, show concern for others and practice peaceful and inclusive ways of resolving conflicts. This includes using appropriate language and actions. Regulating behaviours and finding positive ways of managing frustrations takes time, effort and assistance.

Self-reliance and confidence are built on a strong sense of identity and belonging. If your child feels secure, important and listened to, they are more likely to express feelings and needs in ways that don’t hurt others.

What does this mean for me?
- Let your child know when you see them doing something you approve of: “I saw you help your sister climb the slide. She looked proud of herself and you looked proud too”.
- Talk about the effect of your child’s action on another person: “Look at Owen’s face! He seems happy that you gave him your train.”
- Be specific. If you only acknowledge behaviour by saying “good girl” or “well done”, your child may not know what you have noticed or what you consider appropriate.
- Choose your battles! Does your child really need to stop playing with their cousins right now and put on their pyjamas? Decide what’s really important and what doesn’t matter so much.
- Keep your requests short and specific. “Please shut the gate”, is better than “Please get your things and shut the gate and then jump in the car after kissing your aunty”!
- Make clear what you want. “Please sit on your chair” tells the child what behaviour you want. “Stop bouncing around” does not.
- Do you need to say it more than once? Trust that your child has heard you and will do what you want. In some cases you will need to give a reminder or to follow through by helping your child. (But try to avoid nagging and criticising.)
- Think ahead and reduce the chance for conflict. If friends are coming to play, put your toddler’s favourite toy away and have a range of play things available. If you don’t want your toddler to play with the TV remote control, move it!
- Give your child choices. Begin with choosing between one to three options; be careful not to overwhelm children with too much choice. This gives them some control (which they need) and can minimise conflict.
- You may choose to use a reward chart for your child, use them with care, the consequences of their actions should mean more than stars on a chart.

Helen McCoy
Principal
From the office....

A big thank you to all those families who have either paid their fees in full or are paying via the instalment method. We still have many families whose fees remain outstanding. We appreciate that some families may experience financial difficulties in meeting this commitment; if you wish to discuss a different payment arrangement please contact Deb Crawley on 9239-7431.

Please remember to label your child’s clothing appropriately so they can be identified and returned when they are mislaid.

A gentle reminder to those parents whose children go to respite care: due to limited space on the buses, please make sure your child’s bags are no larger than a carry-on size.

Thank you
From the Nurse...

If your child needs to have short-term/long-term or over-the-counter medication at school, you will need to complete an authorisation form. These forms are available on our website www.monashsds.vic.edu.au.

Please note medications cannot be administered to your child if the forms are not completed and signed.

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Winter Health – Beating the Bugs

In Australia, our influenza 'flu' season typically runs from May to October, usually peaking in August.

It is just not possible to stop all bugs from spreading at school, however, a lot of illnesses can be prevented and controlled simply by practicing good hygiene.

**Handy hygiene tips for you and your family**
- Cover your mouth and nose with a tissue when coughing or sneezing
- Throw used tissues in plastic-lined rubbish bins
- Wash your hands with soap and water, preferably warm water if available
- Reduce the spread of germs by avoiding touching your eyes, nose and mouth

Further information on influenza is available at the Better Health Channel, see: Better Health Channel Flu Influenza

What can you do to prevent the spread of infectious diseases?

**The three main ways of preventing the spread of infection are:**

1. Remind your child of effective hygiene methods.

2. Keep your child home when they are unwell. Your doctor will let you know if your child has an 'excludable' condition. You will need to advise the school as soon as possible and keep your child home for the length of time that your doctor advises.

3. Ensure your child's immunisations are up to date.
Are you stuck this school holidays?

Come and join our Crew

As an approved Child Care and Disability Support Provider, CareChoice is excited to announce that we will be holding a school holiday program again in the term 2 school holidays. The program runs during the school holiday break, Monday June 29th to Friday July 10th (excluding Public Holidays) 8:30 to 4:30pm. Partnering with Monash Special Development School, the CareChoice K.I.D.S Crew will offer a holiday program that is socially inclusive, fun, and tailored to cater for people with differing needs. The CareChoice K.I.D.S Crew holiday program will be packed full of fun activities for children between the ages of 6 and 18 years of all abilities. Enrolments will be opening 29th May 2015. Places will be strictly limited so we encourage you to pre-register your interest with CareChoice today to avoid disappointment. If you have any questions or would like to pre-register please contact Sally Dinsdale on ph: 1300 737 942 or by email sdinsdale@carechoice.net.au

More details on Pages 6 and 7
An innovative holiday program tailored to kids with all abilities – come join our CREW!

CareChoice is excited to be holding our K.I.D.S. Crews school holiday program in the term 2 school holidays – commencing 29th June 2015.

The program will be led and facilitated by qualified professionals skilled in both the Disability and Early Childhood Education sectors. Run strictly in accordance to Early Childhood and Disability Services legislation the program offers a safe, secure and structured environment where the learning and developmental outcomes of the students are paramount.

Open to children of all abilities, CareChoice is now taking formal enrolments. Due to the high demand and limited numbers of placements we encourage you to book early to avoid disappointment.

If you have any further questions or would like to enrol please contact the Program Manager Sally Dinsdale on 1300 747 942 or sdinsdale@carechoice.net.au
Wheelers Hill – Monash SDS
School holiday program - Come join our Crew!

Our KIDS Crew school holiday program is jammed packed full of fun, engaging and exciting activities suitable for kids of all abilities. The aim of the program is to offer activities where each participant feels socially included whilst in a safe and supportive environment. The program is suitable for children aged 5 - 18 years of age (Some activities are suitable for children on either side of the age range - please speak with our Program Manager for additional information)

Everyday will offer:

- Loads of arts and crafts activities
- Activities in the playground
- Themed days (see activities list)
- Variety of games

Our program’s operational hours are 8:30am to 4:30pm during school holiday break (excluding public holidays).

To avoid disappointment contact us now to reserve your place or submit your enrolment form NOW
The Centre for Service and Therapy Dogs invites you and your circle, friends and family to

A FREE INFORMATION NIGHT

on The Role of Service Dogs for People with special need

You will hear about the various uses of dogs in the fields of empowerment, education and assistance to people with PTSD, Alzheimer, Autism, brain injuries, epilepsy, intellectual and physical disabilities

When: Wednesday, 15th July, 8pm - 10pm

Place: Caulfield Primary School hall, 724 Glenhuntly Road, Caulfield South

RSVP & questions: elisheva.picker@doggieforlife.com.au, 0423 779268

Who we are: www.csvda.com.au
https://www.facebook.com/csvda7refits

Us & our clients in the media:

Georgia Kalismetis in Advertiser [SA]: http://goo.gl/UMCtux
Floyd Tremosa in Phillip Island Local Newspaper: http://goo.gl/ebM4bN
Josh Thomas in The Leader: http://goo.gl/1QP8PU
Testimony from one of our parents: http://goo.gl/wC69k
NAP award in channel 9: http://www.youtube.com/watch?v=SNdCj
Channel 9 TODAY Show: http://goo.gl/9fFkXn
Article in The Age: http://goo.gl/gppO43
Travis and Ashleigh Andrews in Wangaratta Chronicle: http://goo.gl/hwRMUq

Musical Theatre Performance

You are invited to come along and support the Attitude Players and Vocal Ensembles Happy Wanderers and Singularity as they perform

Snow White and the 7 Amazing Personalities

Mid-Winter Pantomime

Be part of a change of attitude to artists of All Abilities

When: Saturday July 18
2pm - 3.15pm

Where: Burrastra Theatre
351 Glenfernt Rd, Epping

Cost: $16 Conc: $13
Carers: FREE

Wheelchairs Welcome & Must Pre-Book

Tickets can be purchased from: www.burrastra.org.au or 9754 0723

For more Attitude program information email: dmc@frmc.org.au
Ph: 9754 0566

Autism Education: Visual Strategies for Communication and Learning

Tuesday 25 June, 9.30 am - 12.30 pm
MC Square, Doncaster and Templestowe room,
687 Doncaster Road, Doncaster

Manningham Council invites you to attend a FREE practical education session for Individuals, families, educators and workers presented by the Australian Autism Association.

For those with communication challenges, their wants, needs, opinions and dreams may go unknown or misunderstood.

How do you tell someone you’re in pain if you cannot communicate effectively?

How can you learn a new skill if you have difficulties understanding what is being said to you?

Frustration, anxiety and extreme behaviours are often the result of an inability to express your own or comprehend what is happening.

The visual Strategies workshop aims to equip participants with skills to:

• Recognise and understand communication challenges
• Develop and design individualised visual tools
• Implement visual supports

RSVP:
For more information or to book, contact Jon Adamson, Mental Access, Manningham Council on 9846 5917 or email jon.adams@manningham.vic.gov.au
Registrations close 15 June 2015.
If you haven’t already purchased a new 2015 | 2016 Entertainment™ Membership, now is the time to do so. Plus, 20% of every Membership we sell contributes toward our fundraising!

For just $65, you will receive over $20,000 worth of valuable offers in the new 2015 | 2016 Melbourne Entertainment™ Membership!

Use just a few of the hundreds of 50% off and 2-for-1 offers, and you’ll more than cover the cost. You will also receive additional Member-only benefits until 1 June 2016!

The more Entertainment™ Memberships we sell, the more we raise, so please forward this email to your family and friends!

Not sure which Membership to buy? Try the Entertainment™ Digital Membership. If for any reason you decide you would prefer the Book, Entertainment™ will exchange it for you, no questions asked.

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Bop Till You Drop
SCHOOL HOLIDAY PROGRAM

Have fun these school holidays with our Performing Arts Program. Our mission is to create a safe environment where children can have fun, build self-confidence and be creative.

What do they do?
We run a structured two day performing arts program with six 45 minute singing, dancing and drama classes per day. On the last day the children will perform in a CONCERT where you can witness their new found talents. Every child will be awarded with a graduation certificate.

WHEN: Tuesday 30th June and Wednesday 1st July 2015
WHERE: Kindred Studios: 212A Whitehall Street, YARRAVILLE

WHEN: Thursday 2nd and Friday 3rd July 2015
WHERE: LaDicia School Of Dance: 22 Latham Street, MORNINGTON

WHEN: Tuesday 7th and Wednesday 8th July 2015
WHERE: Charisma Dance Centre: 1 Queens Parade GLEN IRIS

WHEN: Thursday 9th and Friday 10th July 2015
WHERE: Coach and Horses: 33 Maroondah Hwy, RINGWOOD

$130 for two day program. Book and pay before Friday 19th June and SAVE with the early bird price of $110

1300 130 313 or email victoria@boptillyoudrop.com.au

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BOP TILL YOU DROP
PERFORMANCE CAMP

JULY 2015 SCHOOL HOLIDAY
PERFORMING ARTS PROGRAM

This two day program incorporates six 45 min classes per day to build self-confidence and encourage your child’s inner rockstar!

Classes include:
SINGING, DANCING & ACTING
as well as craft, self-motivation and goal setting. For ages 5-12.

On the second day the children will perform in a concert where you can witness their new found talents!

WHERE & WHEN:

Yarraville 30 June & 1 July (2 Days)
Mornington 2 July & 3 July (2 Days)
Glen Iris 7 July & 8 July (2 Days)
Ringwood 9 July & 10 July (2 Days)

9.30am – 3.30pm (concert at 3pm on day 2)
$130 for 2 day program. Book and pay before 19 June 2015 for early bird price of $110!

BOOKINGS ESSENTIAL
Call 1300 13 03 13
or email
victoria@boptillyoudrop.com.au
www.boptillyoudrop.com.au
DEAR PARENTS / GUARDIANS...

CIRCUS QUIRKUS is a contemporary take on your favourite, traditional circuses of ages past. It is an eclectic and entertaining mix of Circus acts brought to you from all over the world. Internationally renowned Clowns, Jugglers, Acrobats, and more deliver funny, hugely engaging and sometimes death-defying acts of unbelievable skill.

The show has been created to engage the special needs kids of Australia, & is suitable for audiences of all ages, big and small. All our venues will accommodate wheelchairs, & Circus Quirkus does not use animals in its performances.

WHERE & WHEN!

**MELBOURNE CONVENTION & EXHIBITION CENTRE**
1 Convention Centre Place, South Wharf VIC 3006
SATURDAY 8TH AUGUST 2015
10.00am / 1.00pm / 4.00pm
(Show Duration 90 Minutes including Interval)

This FREE Show is complimentary of the Rotary Club of Preston and would not be possible without the Sponsorship & Support of Melbourne’s Business Community.

<table>
<thead>
<tr>
<th>SHOW DATES 2015</th>
<th>SHOW TIMES</th>
<th>TICKETS REQUIRED</th>
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<tbody>
<tr>
<td>SATURDAY 8TH AUGUST</td>
<td>10.00 AM</td>
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<td>SATURDAY 8TH AUGUST</td>
<td>1.00 PM</td>
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<tr>
<td>SATURDAY 8TH AUGUST</td>
<td>4.00 PM</td>
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* Please return ticket order to your school by **17 / 07 / 2015**

CHILDS NAME: ____________________________

PARENTS NAME: ____________________________

©From all of us involved, please enjoy the show©
TWYLIGHT DISCO
For people with a disability

WHEN
Saturday June 20th 2015
WHERE
Helmot Centre, 125 George Street
Doncaster East
TIME
7pm to 10pm sharp
COST
$10.00 per person (Parents/Caregivers Free)
BOOKINGS
Call Penny
Phone: 9848 5400
Email: penny.msher@ymca.org.au

SPECIAL PERFORMANCE BY
STEEL DRAGON!

Entrants conditions apply. See next page.

Twylight Important Entry Information:

- 11:00 entry per person is to be paid at the door on the night. Caregivers enter free of charge.
- For participants catching taxi’s home - Parents/carers/guardians are required to pre-arrange/ book taxi pick-ups for participants no later than 10pm. (Please ensure you provide taxi company with instructions/destination address)
- During ‘Twylight, all Youth Services Staff/ Volunteers set in a suspension & supporting capacity only. One on one care supervision is not provided.
- If a participant requires one on one support/attention, they must attend with a parent/carer. Caregivers are required to maintain responsibility and supervision of their child at all times during the course of the event.
- Parents/carers/guardians will be contacted and expected to collect any participant that displays behaviour considered inappropriate, dangerous or that requires YMCA staff to cease their allocated duties to provide full, ongoing attention.
- Please note that due to the nature of ‘Twylight, the environment is loud. We appreciate that this may not suit everyone, therefore a quiet area is available for anyone wishing to use it.
- Water & Drinks provided free of charge courtesy of The Rotary Club of Doncaster. Tea & Coffee are also available for Parents & Carers
- Please ensure it is is provided to participants for snacks & refreshments.
- Photographs and video may be taken on the night. Images may be used for youth services promotion, website or presentation. Images remain the property of YMCA & are not to be used or used by any other party. If you do not wish to have images of yourself or your child/children published, please inform YMCA staff.

Manningham YMCA Youth Services
Ph: 9848 5400 E: mrs@ymca.org.au W: www.manninghamymcayouthservices.org.au
FB: www.facebook.com/manninghamymcayouthservices

Parent Support Network

Parent Support Network Inc on May 13, 2015 in News

A variety of accessible wheelchairs are now available across the Mornington Peninsula for use by people with a disability in wheelchairs. The availability of these chairs will make it easier for people to explore the great outdoors. People using wheelchairs will be able to enjoy many of the stunning trails and beaches on the peninsula.

Accessible devices such as: Hippocampe, Sandrcruser, and All-terrain beach wheelchairs are able to travel over sandy and semi-rough tracks, traditionally inaccessible to people in a wheelchair.

Hippocampe:
• Easy to transport. Chair can be folded into a carry bag and placed in the back of a sedan.
• Ideal for compact sandy and semi-rough surfaces.
• A reasonably strong and fit person is required to push the chair on the beach and on trails with significant gradients.
• Option for two carers to assist with the manoeuvring of the chair
• Possible independent use by people with good upper body strength

Sandrcruser:
• Ease of manoeuvrability over sandy terrain
• Ease of self-transfer. Seat height similar to day chair.
• Comfortable seating
• Not designed for independent use

All-terrain:
• Easy to manoeuvre on sandy and semi-rough surfaces
• Comfortable seating
• Ease of self-transfer. Seat height similar to day chair.

Chairs can be booked free of charge. To book or for more information visit Mornington Peninsula Shire website or contact:

• Disabled Surfers Association on 0409 945 064
• Point Nepean National Park Information Centre on 5984 6014
• Rosebud Anglicare on 5986 9900
• Mornington OzChild on 5975 7644
• Mt Eliza Camp Maryung on 9788 1100
• Somers Coolart on 5931 4000