MyTime Term 1 @ Monash SDS

Please join us at MyTime for a cuppa and chat. Our dates and topics for the next few weeks are:

- **FRIDAY 17th MARCH 9.30am:** Guest Speaker – Jo Harris, Play Therapist

  Jo will be coming along to talk about how to connect with your child through play. She will have lots of ideas for play activities and how you can use them to build on your child’s strengths and abilities and use play to help calm and engage your child.

- **TUESDAY 21st MARCH 9.30am:** Guest Speaker – Barb Wallace from Monash City Council

  Barb is the Metro Access Worker from the Monash council and will be talking to us about services and supports that are available for carers, families and children in Monash and surrounding areas.

- **TUESDAY 28th MARCH 9.30am:** End of Term 1 Social Activity

  Walk and morning tea/brunch at Jells Park – meet at 9.30am outside Madeline’s Café at Jells Park

For more information please feel free to contact Rachael on 0418 711 984 or r.arnett@playgroup.org.au