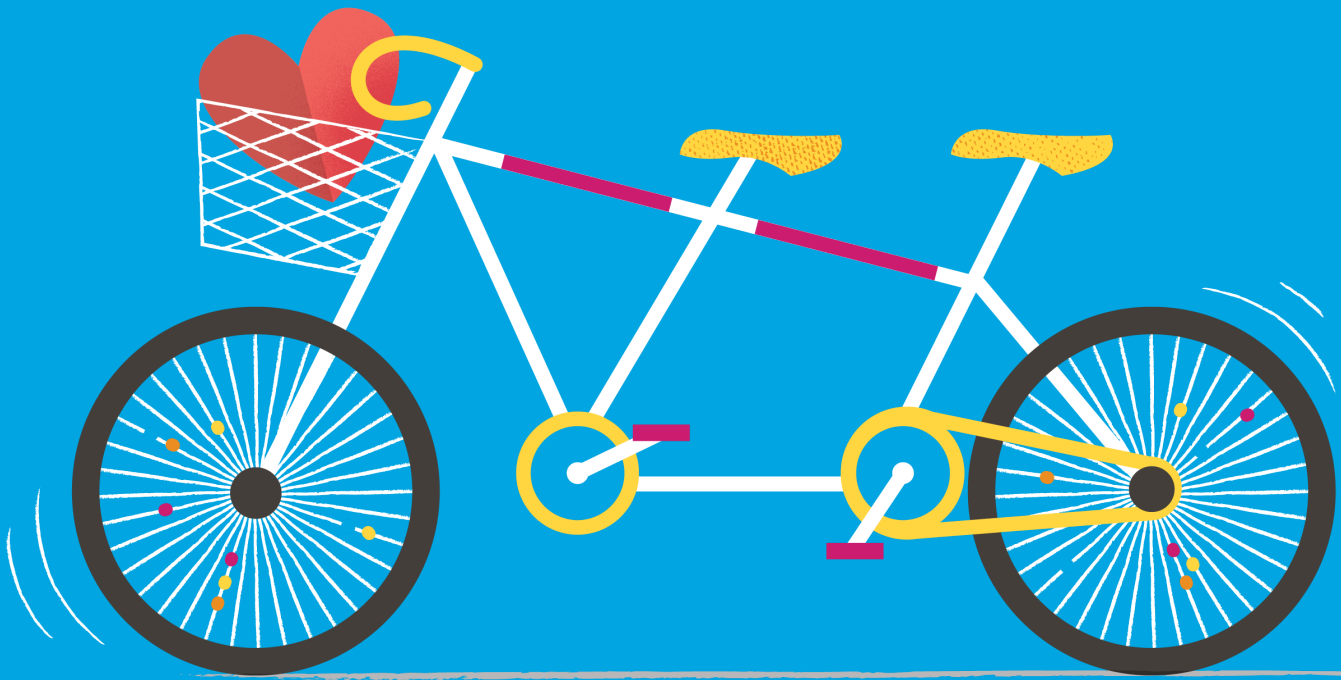


**MOIRA**

Disability &  
Youth Services

# Respite & Recreation Expo 2017



**Free event for families and  
carers living in the south.**

10am - 2pm  
Thursday 3rd August

**Kingston City Hall  
Moorabbin**

# Find out more about recreation & respite opportunities for people living with a disability, with a large variety of stalls, shopping and speakers.

## Speaker Program

- 10:15am – 11:00am - Autism: A parent carer perspective  
(Kerri Rolfe, MOIRA Disability and Youth Services)
- 11:15am-12:00pm - Caring for the carer  
(Meredith Butler, Carers Victoria)
- 12:15pm – 1:00pm - Safeguarding people's rights under the NDIS  
(Anthony Kolmus, Disability Services Commissioner)
- 1:15pm – 2:00pm - Rethinking Respite for your NDIS plan  
(ACD, Association for Children with a Disability)

**Kingston City Hall**  
**Grand Hall and Banquet Room, Level 2**  
**985 Nepean Highway**  
**Moorabbin, 3189**

150m from Moorabbin train station.

Undercover parking available, Limited to 80 spaces.

Free Coffee and Massages available.  
Interpreters available on request,  
Please contact us if you require  
this service.

## Carer Lunch

We invite carers and immediate family members to a free social lunch on the day to relax, unwind and meet other carers. Please join us from **12:00pm - 1:15pm** for a range of delicious hot and cold finger food.

To RSVP Contact Dina at Alfred Health Carer Services on 87813400.

Limited places available.

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Proudly  
supported by:

**AlfredHealth**

**Carer Services**

