

# ARE YOU MAKING THE MOST OF THE NDIS?



Carers Victoria, with Knox City Council, are running a series of FREE information sessions for carers to help use, understand, and get the best from the NDIS for the person being cared.



**Do you provide unpaid care for a person who is accessing the NDIS and want to know how to make the most of NDIS supports? Book your place.**

**Please note:** The sessions are for carers only (not the person you care for) who reside in Knox City Council (Bayswater, Boronia, Ferntree Gully, Lysterfield, Knoxfield, Rowville, Scoresby, The Basin, Upper Ferntree Gully, Wantirna, and Wantirna South). We ask that you go to all four sessions.

## SESSION 1 HOW ARE YOU MANAGING?

- Reflect on your NDIS journey
- Identify your challenges
- Look after yourself in your caring role

## SESSION 2 WORKING ON THE CHALLENGES

- Managing challenges with the NDIA
- Working with services and providers
- Supporting the NDIS participant

## SESSION 3 BUILDING YOUR SKILLS

- What skills do you need for NDIS management?
- What skills do you have? Are there any gaps?
- Strengthen your skills

## SESSION 4 PREPARING FOR REVIEW

- Reviewing and resetting goals
- Getting support when things go wrong
- Keeping the plan on track

### When

Session 1 - Monday 12 November  
Session 2 - Monday 19 November  
Session 3 - Monday 26 November  
Session 4 - Monday 3 December

**Time** 9.30am - 12.30pm  
3 hours duration per session

### Where

Coonara Community House  
22 Willow Road  
Upper Ferntree Gully

**Cost** Free  
Refreshments provided

## BOOKING INFORMATION

To secure your place, please phone the Education Services on 1800 242 636 or email [education@carersvictoria.org.au](mailto:education@carersvictoria.org.au) and quote event #6024 to secure your place.

## CARERS VICTORIA

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