



Anxiety and ASD Workshop

This workshop is for carers of children and adolescents with Autism Spectrum Disorder (ASD) and covers: why anxiety is so common in children with ASD, recognising anxiety in your child, practical ways in which you can help and where to get further support.

- Where:** lifeAssist, Building 5, 530-540 Springvale Rd (Cnr Ferntree Gully Rd), Glen Waverley.
- Who:** Eligible carers living in the Eastern Metro Region who provide care to someone living with autism, intellectual disability or a mental illness
- When:** Friday 2 June, 2017, 10:30am - 12:30pm.
- Cost:** FREE, lunch is provided. Respite can be arranged if required by contacting our Customer Service Team on 1300 277 478.

Places are limited, please RSVP by 26 May: www.research.net/r/CarerRegistration

Please note:

Brandon Park Shopping Centre (directly opposite lifeAssist) provides free four hour parking. This Workshop will be facilitated by Dr Fiona Zandt, Clinical Psychologist, Child and Family Specialisation. Places will be confirmed by email on Monday 29 May. Please note, Carers who have a care recipient with an active NDIS plan are ineligible for this event.

For more information please:
Email: events@lifeassist.org.au

Call: **1300 ASSIST (1300 277 478)**
If calling from mobile: **(03) 9239 2500**