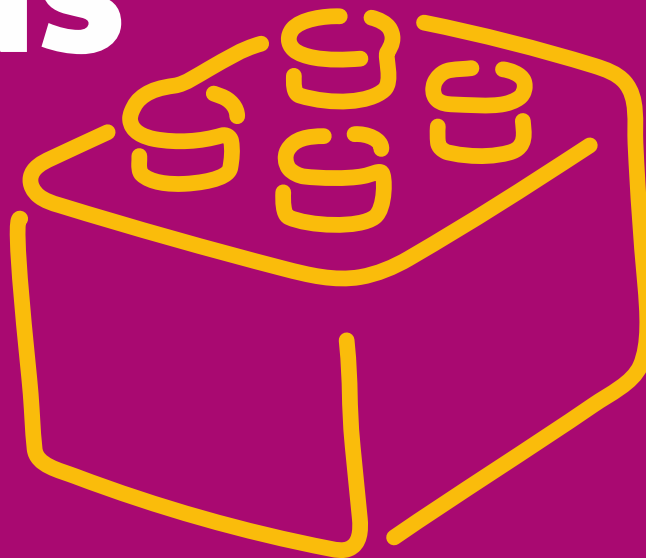


# Join us



## NDIS Support for Carers 2018

**At our Carer Hub in Forest Hill, we can support you as you prepare for an NDIS planning meeting.**

**To register your attendance for a session**  
<https://www.research.net/r/FHCarerHub>

**If we already have your information, please register your interest by emailing**  
[events@lifeassist.org.au](mailto:events@lifeassist.org.au)

**We offer three types of sessions:**

- **Plan My Future Workbook**  
Support to complete the Plan My Future workbook which focuses on the care recipient's goals.
- **Carer Statement**  
An opportunity for you to write a letter to the NDIS planner explaining the impact of your caring role.
- **Carer Goal Plan**  
An opportunity for the carer to reflect on your own needs, goals and wellbeing.

**Date**

Tuesday

**Time**

9:30am – 11:30am

**Venue**

Whitehorse Community Centre

Level 1, 79 Mahoneys Road  
Forest Hill

**Get in touch**

T: 03 9239 2500

**Uniting**

# NDIS Support for Carers

## Plan My Future Workbook Session

- **Tuesday 30 January**
- **Tuesday 20 February**
- **Tuesday 13 March**
- **Tuesday 3 April**
- **Tuesday 24 April**
- **Tuesday 15 May**
- **Tuesday 12 June**

## Carer Statement Session

- **Tuesday 6 February**
- **Tuesday 27 February**
- **Tuesday 20 March**
- **Tuesday 10 April**
- **Tuesday 1 May**
- **Tuesday 22 May**
- **Tuesday 19 June**

## Goal Planning Session

- **Tuesday 13 February**
- **Tuesday 6 March**
- **Tuesday 27 March**
- **Tuesday 17 April**
- **Tuesday 8 May**
- **Tuesday 29 May**
- **Tuesday 26 June**