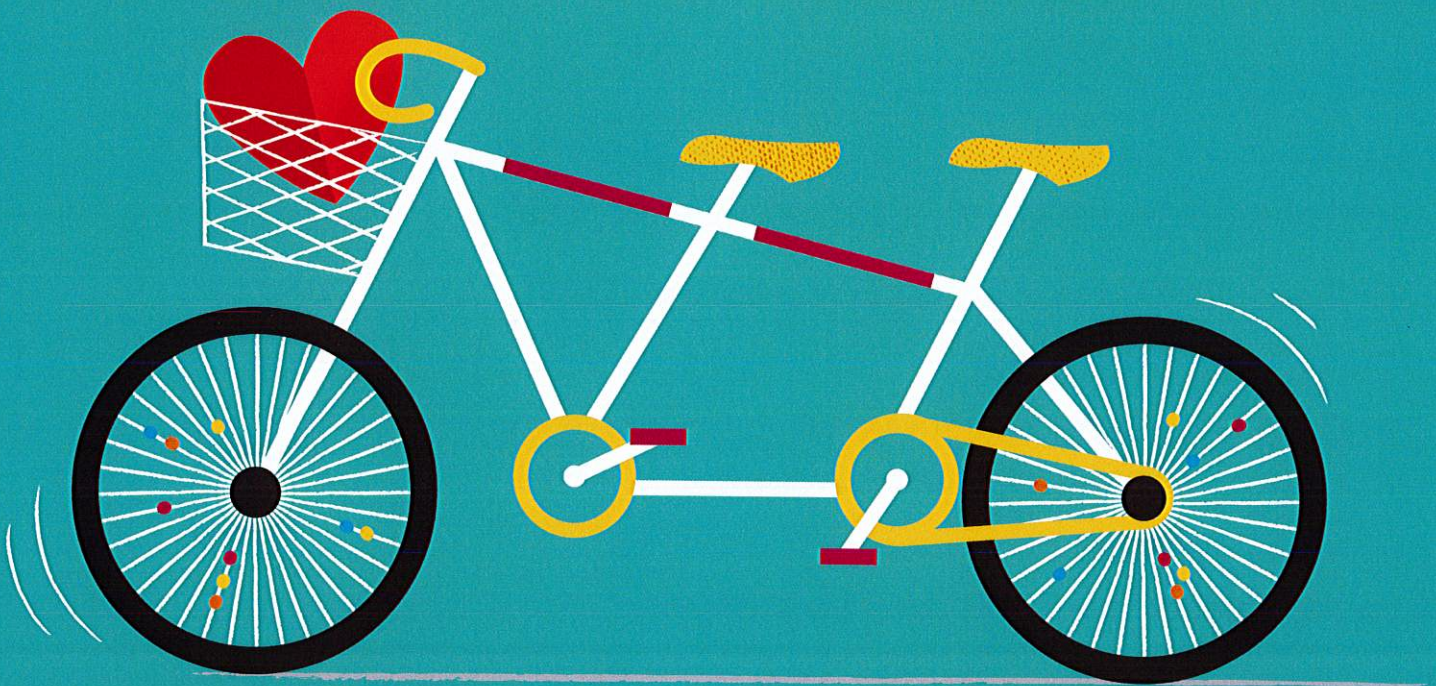


**MOIRA**

Disability &  
Youth Services

# Respite & Recreation Expo 2018



**Free event for families and  
carers living in the South**

10am - 2pm  
Friday 2nd March

**Lynbrook Community Centre**

# Find out more about recreation & respite opportunities for people living with a disability, with a large variety of stalls, shopping and speakers.

**Lynbrook Community Centre**

**2 Harris Street**

**Lynbrook 3975**

Located next to the Lynbrook shopping centre.

Ample parking available.

Free coffee and massages available.

## Speaker Program

- **10:15am – 11:00am - Rethinking Respite in an NDIS Context**  
(Debby Fraumano, Association for children with a Disability)
- **11:15am-12:00pm - Advocacy and the NDIS**  
(Amanda Roe, Leadership Plus)
- **1:00pm – 1:45pm - NDIS Q&A**  
(NDIA - National Disability Insurance Agency)

Interpreters available on request,  
Please contact us if you require this service.

## Carer Lunch

We invite carers and immediate family members to a free social lunch on the day to relax, unwind and meet other carers. Please join us from **12:00pm - 12:45pm** for a hot buffet lunch. To RSVP contact Tessa at MOIRA Disability and Youth Services via [respiteexpo@moira.org.au](mailto:respiteexpo@moira.org.au) or call 8552 2222. Limited places available.

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Proudly  
supported by:

**AlfredHealth**

**Carer Services**



03 8552 2222



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